



North Berwick Day Centre



Newsletter Monthly Issue

March 2022

Restrictions ease for the Day Centre

I make no apologies for this lengthy editorial. There is just so much good local news.

The eagle eyed amongst you might have noticed some wonderful changes. The web site has had a make over and as always is updated regularly. This means family and friends, with internet access, can keep up to date with what's going on.

We are also really excited that more members can now come in to the Day Centre. Not quite back to the numbers we had in the 'before times' but we are getting there.

The big news of course is that volunteers can now come back. How wonderful to see them again.

The Day Centre never misses an excuse for a party. There are lots of special events being planned to help celebrate The Queen's Platinum Jubilee year. These will take place in the first week in June.

Please let the Day Centre know if you have any ideas to help mark this special year.

Jackie Tagg

Editor



Love is in the air

There is always a lot of love in the Day Centre. Valentine's Day gives the perfect opportunity to celebrate.



As ever the Centre was decorated beautifully



From left to right,
Margaret, David and Ann



From left to right, Pat,
Margaret, Peter and Amy



Our cooks always produce magnificent food. Heart shaped short bread, chocolate tart and passion fruit possett. There's love right there.

Other news



Good weather is just around the corner and we will be able to sit in the garden again. Ronnie has been working hard planting the border in readiness. The colours look lovely even from inside in the warm. Glad you're wrapped up Ronnie.

Ian entertained us with stories and photographs of his travels. His talk called, Coast to Coast, described his journey from New York to California by train with lots of stop off points like Chicago, Washington and the Grand Canyon. Ian's talks are always really popular.



Ian, above left with Derek who provided technical assistance



The big screen with surround sound and a T loop is a fantastic facility. Sometimes there's nothing better than an old movie. Here we are watching and singing along to The Sound of Music



Sheila, a local North Berwick resident popped in to deliver some homemade cupcakes. No particular reason, just kindness.

Thank you Sheila we never say no to a cake or two.

Smile of the month

Sandra enjoying Valentine's Day lunch.



Our thoughts are with the people of Ukraine

**Carol Wicker, Manager
North Berwick Day Centre,
6 St Andrew Street, North Berwick EH39 4NU
Tel: 01620 890906 or
E-mail info@nbdaycentre.org.uk
www.nbdaycentre.org.uk**

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